



A WEEK IN *Learning*

L&D RECOMMENDATIONS
for TED Talks, podcasts, books, and more!

FOUR BUSINESS IDEAS THAT CHANGED THE WORLD: EMOTIONAL INTELLIGENCE

Podcast Recommended by Alex Cummings, Instructional Design

Have you ever heard the term “emotional intelligence” floating around the workplace? Have you ever wondered what it is or why it is so essential to the organization?

In an episode of the Harvard Business Review’s, IdeaCast, Executive Editor Alison Beard, psychologists Daniel Goleman and Susan David, and Central Washington University professor Andy Parks discuss the transformative power of emotional intelligence in the workplace. From an era where productivity and raw IQ took precedence over feelings to the modern-day understanding of emotional intelligence, this riveting discussion explores how understanding our emotions can help us better shape our work lives.

Whether you’re a seasoned professional or a curious learner, this captivating podcast is a must-listen for anyone seeking to revolutionize how they approach the social aspect of work life.



HBR



IdeaCast

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