



# A WEEK IN *Learning*

**TEAMBUILDER**  
*activities for your next team gathering!*

## FLIP *it!*

**GOAL / OBJECTIVE:** A fun activity that will teach your team problem-solving and communication skills.

**GROUP SIZE:** 6+ per team

**TIME:** 20 minutes

**EQUIPMENT:** A tablecloth or a piece of fabric similar to table cloth size, preferably something with a 'front' and 'back' (e.g. one side has a print while the other is a solid color)

### FACILITATOR SET UP:

It would be a good idea to warn your team to dress appropriately in pants so that they are comfortable participating in this exercise.

Provide one tablecloth for each team.

### RULES:

To begin, spread the tablecloth out on the floor and ask the the team members to stand on it. Instruct the teams to flip the blanket without anyone touching the ground. If any of the players touch the ground, they must start the game again. Encourage each team to experiment and work together to come up with different ideas.

### DISCUSSION / DEBRIEF:

- What strategy worked best for your team to complete the activity?
- Did a leader emerge during the activity? How did having a clear leader affect the team's performance?
- How important was communication during this activity?

*Continue to next page for an icebreaker*