

# BABY rattle

**GROUP SIZE:** 5-25

**TIME:** 5-20 minutes depending on group size and ability.

**GOAL / OBJECTIVE:** A quick fun game to energize your group.

**GROUP SIZE:** 2+

**TIME:** 10 minutes

## **EQUIPMENT:**

Four 2-liter soda bottles, gumballs or jelly beans, tape, timer

## **RULES:**

Fill two bottles half way up with gumballs, then tape the two necks of the bottles together. The goal of this game is to transfer all the gumballs/jelly beans inside the empty soda bottle into another empty soda bottle. Team members need to hold the bottles by the joined necks, flip them around, then shake and empty the gumballs from one end to the other. The team member that uses the least time to transfer the gumballs/jelly beans wins.

---

*Click each link below for more information*

---



Let us know what you thought of this week's content.



Learn more about the L&D team.

