

# Salt & Pepper

**GOAL / OBJECTIVE:** An ice breaker activity to build collaboration between team members.

**GROUP SIZE:** Pairs of 2

**TIME:** 20 minutes

**EQUIPMENT:** Pair labels can be created with pen, paper, and the examples below.

## DIRECTIONS:

- Before the activity, create labels for each pairing on separate pieces of paper. For example, “salt” should be written on one sheet, and “pepper” on another.
- Mix all of the labels and tape one label to each person’s back so that they do not see which one they have.
- From there, instruct team members to talk amongst the group in order to find out what their label is – and – eventually find their pair.

## EXAMPLES:

	Bacon and eggs
Macaroni and cheese	Spaghetti and Meatballs
Water and oil	Cookies and milk
Peanut butter and jelly	Wine and cheese
Fish and chips	Coffee and donuts
Peas and carrots	Chicken and waffles
Nachos and salsa	Strawberries and cream
Burger and fries	Pancakes and syrup

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*Click each link below for more information*

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of this week's content.



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