



# A WEEK IN *Learning*

**TEAMBUILDER**  
*activities for your next team gathering!*

## Human Lie Detector

**GOAL / OBJECTIVE:** A simple team builder designed to build relationships and enhance communication skills.

**GROUP SIZE:** 3+

**TIME:** 25 -30 minutes

**MATERIALS:** Index cards, pens.

### **DIRECTIONS:**

- Split participants into groups of 3 (Person A, Person B, and Person C).
- Each person will write down 1 true statement and 1 untruthful statement about themselves on their index card. Remind everyone not to share these statements.
- Person B or Person C will randomly choose one of Person A's statements (without knowing whether it's the truth or a lie).
- Person A reads the selected statement aloud to the group.
- Person B and Person C then have two minutes to ask as many questions as they can to determine whether the statement is true or a lie.
- After the questioning, Person B and Person C must agree on whether the statement is true or false. Person A will then reveal the correct answer.
- Repeat the process until everyone has had a turn sharing their statements.

### **DEBRIEF:**

Take a moment to discuss what your team learned:

- What did you learn about your colleagues through their statements?
- How did your detective skills help you identify the truth and the lie?
- Were there any surprises or interesting revelations during the game?

*Continue to the next page for a quick icebreaker!*