

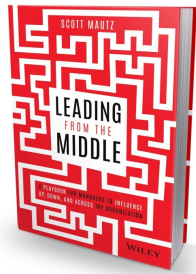


A WEEK IN *Learning*

L&D RECOMMENDATIONS
for TED Talks, podcasts, books, and more!

EMPOWERING MID-LEVEL MANAGERS: A GUIDE TO INFLUENCE, RESILIENCE, AND EMOTIONAL INTELLIGENCE **by Scott Mautz**

Book Recommended by Andrea Longoria, Director of Learning & Development



Leading from the Middle by Scott Mautz is a transformative guide for mid-level managers balancing the demands of upper management and their own teams. Mautz provides actionable strategies emphasizing influence, resilience, and emotional intelligence, demonstrating how middle managers can become indispensable leaders. His relatable stories and practical advice highlight the critical impact these managers can have when they leverage their position effectively.

I found Mautz's insights on influence particularly compelling, as he challenges the traditional view that leadership must come from the top. His emphasis on building strong, trusting relationships both upwards and downwards resonated deeply with me, underscoring the often-underestimated value of middle managers.

The suggestions in Mautz's work are thoughtful. By adopting his strategies, organizations can unlock the full potential of their middle managers, fostering a more cohesive, motivated, and productive workforce. This book is a must-read for anyone looking to enhance their leadership skills and make a significant impact from the middle of the organizational structure.

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