**Introduction to Leadership**

**Participant Guide**

**Goodwill of Central and Northern Arizona**

Welcome to Introduction to Leadership, the first course in your journey as a leader at Goodwill of Central and Northern Arizona.

**Learning Objectives**

Our goals for today are:

* Examine effective leader characteristics
* Describe the differences between leadership and management
* Define leadership

**Leadership Shield**



**Traits:**

**Skills:**

**Challenges:**

**Leadership is……**

**Notes:**

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**Effective Leadership Examples**

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**Leaders that uplifted you**

Have you had a leader in your past that uplifted or inspired you? What behaviors did they exhibit to make you remember them right now?

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**Bosses that pulled you down**

What about a boss that pulled you down?

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**Influence**

“The true measure of leadership is influence- nothing more, nothing less.” –John C. Maxwell.

What makes up your ability to influence others?

 Self-Assessment

1. \_\_\_\_\_\_\_\_\_\_ Who you are \_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_ Who you know \_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_ What you know \_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_ What you feel \_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_ Where you’ve been \_\_\_\_\_
6. \_\_\_\_\_\_\_\_\_\_ What you’ve done \_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_ What you can do \_\_\_\_\_

What area do you need to improve most? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What will you do? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



**References**

Maxwell, J. C. (2007). *The 21 irrefutable laws of leadership.* Nashville: Thomas Nelson.

Northouse, P. G. (2010). *Leadership theory and practice.* Thousand Oaks: Sage Publications.